# WARRIOR FOOTBALL



#### KEEPERS OF THE FLAME



# Warrior Football NATION

Dear Warrior Nation:

The dawn of a new season of football is upon us. Before we move forward in 2011, I would like to look back for a moment and thank two individuals who I have worked with for the past ten years.

Mike Slason and Nick Stevens have combined for over thirty years of influence on the Warrior Football program. Nick has been a part of Warrior Football since he started teaching in the 90s. One of the best memories I have as a coach alongside Nick was when we beat Westwood in double overtime in the fall of 2005. Nick was my counterpart as offensive coordinator for many years. As coaches we experienced the ups and downs, wins and losses and shared memories only football can provide. I wish Nick well this fall.

Coach Slason's record as head coach is an incomparable 44-26. That is a .628 winning percentage to go along with his two



The senior class has been working hard all summer in a collective effort to add to the above banner.

league titles and 2006 Division III Superbowl victory that will live long in the annals of Medfield sports history. Mike's approach with high school students will forever impact my coaching in a positive and communal way. I wish both of my friends the best as they chart different courses in their lives.

Preseason is upon us. I have always enjoyed seeing graduating seniors make their last trek to the practice fields before they head off to college.

Keep an eye on the program guys and we hope to see you all on turkey day.

Coach Ormberg

Volume 1, Issue 2 August, 2011

#### Special points of interest:

- CONGRATULATIONS TO DAN FITZGERALD, WIN-NER OF THE 2011 ERIC M. PERKINS MEMORIAL FOOTBALL SCHOLAR-SHIP!
- SPECIAL THANKS TO PATRIOTS' OFFENSIVE COORDINATOR, BILL O'BRIEN WHO SPENT TIME WITH OUR STAFF IN JUNE. COACH O'BRIEN OFFERED US PERSPECTIVES TO HELP US BETTER PREPARE FOR THE UPCOMING SEASON.

#### Inside this issue:

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Thanks to Coach O'Brien

Weight Room & Perkins Scholarship

One Last Thought

2011 Schedule

## JUNIOR WARRIOR ACADEMY

In late July staff and players ran a four-day football academy for the next generation of Medfield Warriors. Pictured are the campers and varsity volunteers who participated. On display are the new uniforms as worn by our campers.

The campers had a great week learning skills and competing against one another.

Congratulations to our camp award winners:

Camper of the Week:

Olanyi Adebayo

Hard Work: Eliot Jackson

Spirit Award: Dean Adams

Leadership: Tim Warren

Counselor of the Week: Will Giggi



### PERKINS TOURNAMENT Scheduled for 11/26

The seventh annual tournament will take place again the Saturday after Thanksgiving.

Look for emails to be sent out around October 1st, 2011 for more information.

Teams will have a flat fee of \$150 to compete and unlimited substitutes for their teams.

Our goal is to raise \$3000 this fall by having 20 teams register.

We hope to see the Class of 2006 in droves as they celebrate their five year reunion that week.

Please come out and help support a great cause.

Proceeds for the tournament help fund the Eric M. Perkins Memorial Football Scholarship and help support the program's wish list.



Forever 40

## Coach Farroba Gets His Ring

Mr. Joe Farroba, a long-time supporter of the program, retired from teaching in June of 2011.

Throughout the years of coaching Freshmen football and mentoring a number of Medfield teachers and coaches, Joe would always say he'd like to be around long enough to see Medfield Football win a state title. After some collaborating—an effort spearheaded by Mr. Jon

Kirby—put wheels in motion to get Joe a Superbowl ring from the 2006 football season.

In early July Coach Farroba was presented with a long overdue, authentic 2006 Superbowl ring as a retirement gift funded by current and former MHS football coaches.

Joe was instrumental in helping establish the foundation for the middle school

program. The impact he had on the first group of middle-school football players helped pave the way for that '06 title.

We wish Coach Farroba and his family the best of health and happiness in retirement.

"WE ARE.....WARRIORS!"

# Medfield Staffing

The football community would like to welcome our new principal at MHS, Mr. Robert Parga. Mr. Parga spent six years at the middle school as principal and is now taking over the reigns at MHS.

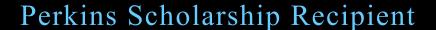
We'd also like to welcome Class of 2004 alumni Jen Sullivan and Kathleen Typadis to the ranks of the middle school staff. Kathleen was hired as a wellness teacher in the spring and Jen will be a guidance counselor at Blake.

The football community would like to wish a fond farewell to Judy Noble who retired after 37 years in Medfield. Janet McDermott and Richard DeSorgher also taught their final classes last June.

Visit Century Park on the grounds of MHS, the patio donated to these giants of

Medfield education who taught for a combined 112 years in Medfield!!





Class of 2011 member Daniel Fitzgerald was this year's recipient.

Excerpts from Senior Recognition Night are listed below:

Comments from MHS staff include, "I am so impressed with the strength of his character, his compassionate nature and his resiliency."

"This year's recipient had an undefined role on the team in August. He

IMMEDIATELY made the most of his opportunities and by the end of the season earned recognition as a league All-Star by the TVL coaches. This is an impressive accomplishment for a kid who did not start a game as a junior."

"This is the first time in six years that EVERY coach on the staff voted for the same player....this year's recipient is the reason why you get into coaching."

CONGRATS, FITZY! WELL DESERVED!



2011 Eric Michael Perkins Memorial Football Scholarship Recipient: Danny Fitzgerald

#### SPECIAL THANKS TO COACH BILL O'BRIEN

Earlier this summer the coaching staff had the distinct pleasure of meeting with Coach Bill O'Brien, the offensive coordinator and quarter-backs coach for the New England Patriots.

Coach O'Brien's down-to-earth, approachable demeanor allowed our staff a chance to better ourselves by talking football with one of the premiere coaches in the NFL.

Coach O'Brien translated strategies from the professional level to the high school level. His perspectives on football were cogent and absent of ego. We look forward to maintaining a positive relationship with Coach O'Brien.



### WEIGHT ROOM RECOGNITIONS

We would like to recognize the following players for their attendance and improvement this offseason (March to June):

Most improved BENCH:

Aaron Cohen +35 LBS

Most Improved SQUAT:

Alex Opiela & Patrick Buscone +65 LBS

Most Improved CLEAN:

Joe Marie +25 LBS

Most Improved DIPS:

Sam Tawa +12 Repetitions



"Deeds, not words."

#### KEEPERS OF THE FLAME

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KOTF



#### ....One Last Thought....

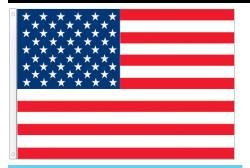
Hard to think that it has been ten years since 9/11. We are still a nation at war. We remain in awe of those who serve like Salvatore Giunta who won the Medal of Honor in the Korengal Valley, Afghanistan back in 2007. For those of you that follow football maybe you read Peter King's "Monday Morning Quarterback" on SI.com. Peter is a huge supporter of The Wounded Warrior Project. Sunday, September 11th, 2011 is a day to look back in time and remember those lost on 9/11. EVERYDAY provides an opportunity to remember those who are still fighting for our freedom. Please visit www.woundedwarriorproject.org to help our enlisted NOT be forgotten as they continue to fight the war on terror. Coaching, watching and playing football are privileges. Those fighting in wars overseas are making sacrifices we must not remove from our consciences.

# Varsity Schedule for 2011

Oliver Ames

9/9

7pm



"What they told me is true. It's a lot harder to wear the medal than earn it."

—Medal of Honor winner Salvatore Giunta

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9/16	7pm	@ King Philip
9/23	7pm	@Ashland
9/30	7pm	Holliston
10/6	7pm	Westwood (Thursday)
10/14	7pm	Bellingham
10/21	7pm	@Norton
10/28	7pm	@Medway
11/4	7pm	Hopkinton
		(Homecoming)
11/11	7pm	@Millis
11/24	10am	Dover/Sherborn

# Warrior Calendar September 9th:

Kickoff 7pm v. Oliver Ames First "Family Night"

Please wear red, white or blue

A SPECIAL THANK YOU TO ALL PARENTS, COACHES AND SUPPORTERS WHO HELPED RAISE OVER \$4,000 AT THE JUNE 10TH GOLF TOURNAMENT!!!